Daily routine (Present Simple)

I. Look at the pictures. What can you see? Tell your

II. Read the sentences. Write the number.

I have a shower. .....

I go to bed. .....

I watch TV. .....

I get up. .....

I go to work. .....

I have breakfast. .....

III. Match the words to make sentences.

1	I get	breakfast.
2	I have	TV.
3	I have	to college.
4	I go	up at 7 o'clock.
5	I watch	to bed at 11 o'clock.
6	I go	a shower.

IV. Write the missing words.

I ..... up at 7 o'clock.

I ..... a shower.

I ..... breakfast.

I ..... to college.

I ..... TV.

I ..... to bed.

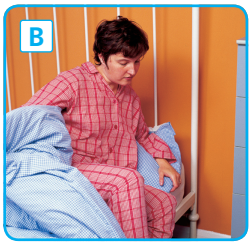
V. Read about Amina's day.

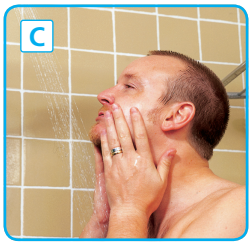
I get up at 7 o'clock. Then I have a shower and I have breakfast. I go to college at 9 o'clock. In the evening I watch TV. I go to bed at 11 o'clock.

Talk about your day.
Then write about your day.

Daily routine

VI. Look at the pictures. What do you do every day? Can you say it in English?





VII. Match the sentences and the pictures.

1	I have a shower. ☐	6	I have breakfast. ☐
2	I go to work / college. ☐	7	I get up. ☐
3	I watch TV. ☐	8	I have a cup of coffee. ☐
4	I get dressed. ☐	9	I go to bed. ☐
5	I brush my teeth. ☐	10	I wake up. ☐

VIII. What time do you do these things?Write some sentences.

Examples: I usually get up at 7.30.
I have breakfast at about 8 o'clock.

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Daily routine

Lesley's day

I. Read about Lesley.

Lesley is an ESOL teacher at Hackney College in London. On weekdays she always gets up at about 7 o'clock. She has a shower and then she has breakfast with her husband and daughter. After breakfast she brushes her teeth and gets dressed and then she takes her daughter to school. She goes to college by bicycle at 8.30 and she starts work at 9 o'clock.

At about 1.30 she usually has lunch. She has a sandwich and some fruit in her office. She finishes work at 5 o'clock and picks up her daughter from her after-school club. She usually has dinner at about 7 o'clock and then she has a cup of coffee. In the evening she watches television or sometimes she listens to the radio. She likes listening to music. She usually goes to bed at about 11.30. Then she reads her book for about half an hour. She goes to sleep at midnight.

II. What is this text about? Tick (✓) one box.

What Lesley does every day. ☐

What Lesley likes doing in her free time. ☐

III. Circle TRUE or FALSE.

1	Lesley gets up at seven o'clock.	**TRUE**	**FALSE**
2	She has a shower in the morning.	**TRUE**	**FALSE**
3	She goes to college by bus.	**TRUE**	**FALSE**
4	She picks up her daughter after work.	**TRUE**	**FALSE**
5	She likes listening to music on the radio.	**TRUE**	**FALSE**
6	She goes to bed at eleven o'clock.	**TRUE**	**FALSE**

IV. Answer the questions.

7 **Who** does she have breakfast with? .....

8 **How** does she go to college? .....

9 **Where** does she have lunch? .....

10 **What** does she have for lunch? .....

V. Now put the paper away and tell your partner about Lesley's day.

Daily routine

VI. Answer the questions about you.

1 What time do you get up? .....

2 Do you usually have a shower in the morning? .....

3 How do you go to work or college? .....

4 What time do you start work or college? .....

5 Where do you usually have lunch? .....

6 What do you have for lunch? .....

7 What time do you have dinner? .....

8 Who do you have dinner with? .....

9 What do you do in the evening? .....

10 What time do you go to bed? .....